



Tips, Tools, News & Fun!

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# SOC WRAP

## Masks



Wearing holiday and party masks is fun, but there are times when masks are more permanent. Rather than wearing a mask for pleasure, some people wear them as a form of protection from the outside world. Oftentimes we try to please others by not being ourselves and "masking" our true feelings. Some of the youth we serve suffer so many let downs and disappointments that they feel it's easier to pretend rather than trust.

Madison, a DSCYF youth who was recently adopted, shared that his biggest worry was that the family wouldn't want him any more or he would have to go back to his dad if he told anyone he wanted to live with his sister, Edie. So, he masked his true feelings and pretended he didn't want to be with her—to his therapist, foster family, and pre-adoptive family.

Supporting youth and families through the adjustment periods helps to peel back some of these protections. Ultimately, Madison couldn't be with his sister, but he felt relieved to tell his adoptive mom about his wish to be with her. He now maintains contact with his sister without apprehension and without a mask.

"I like the idea that I get to help pick my forever family, but families need to understand some kids need more time to adjust."

-Edie, DSCYF Foster Youth

The mask depicted above is part of the Ferris School Education Unit Art Class 'Mask of Protection' Project, taught by art teacher, Jessie Roy. One mask will be included in the Department's October SECC Auction. There are also future plans to have another auction of the students' artwork soon.

## Hidden Words: Scrambler

Each of the words below are synonyms for "mask." Can you unscramble them?

dieh

gsiedius

lkaoc

eoncacl

foucmagael

September Famous Connections Answer- Boys & Girls Club of America

THINK OF  
THE CHILD  
FIRST.

DELAWARE CHILDREN'S DEPARTMENT

*SOC Wrap is a publication of the Delaware Children's Department SOC in Action Work Group*  
Want more information? To email us directly, send an email to [DSCYF\\_SOCInAction@state.de.us](mailto:DSCYF_SOCInAction@state.de.us)